



Oregon State University
Alumni Association

Enhanced Health & Safety Protocols (see website for details)

RIVER JOURNEY



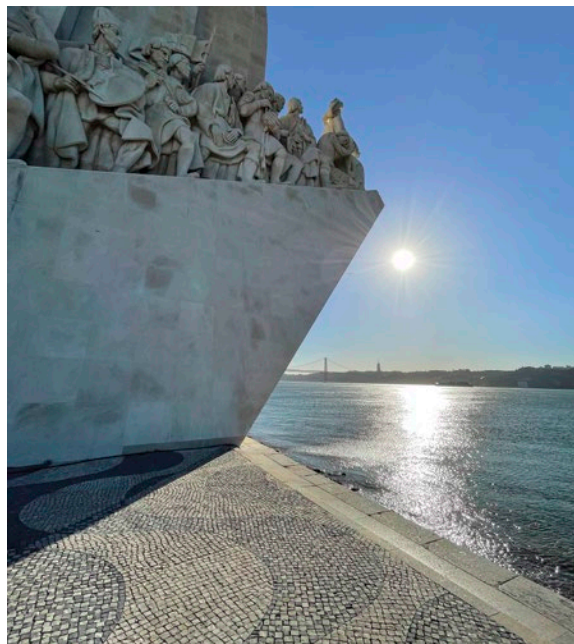
**NO SINGLE
SUPPLEMENT
for Solo
Travelers**

Romance of the Douro River

Lisbon | Porto | Alto Douro Wine Region

Inspiring Moments

- ▶ Travel through the rolling hills of the Alto Douro wine region and visit a *quinta*, a wine estate, for a **port tasting**.
- ▶ Walk in the footsteps of Portuguese aristocracy at the grand **Mateus Palace**.
- ▶ Gaze in wonder at the renowned **University of Coimbra**.
- ▶ Delve into Portuguese history at **Guimarães**, the city considered to be the birthplace of Portugal.
- ▶ Explore **Porto's** maze of medieval alleys and colorful neighborhoods.
- ▶ Appreciate the splendor of **Salamanca**, an elegant Spanish city.
- ▶ Follow the historic path of great explorers in the exciting capital city of **Lisbon**.
- ▶ Experience six **UNESCO World Heritage sites**.



Monument to the Discoveries, Lisbon

The romantic Douro River winds through Northern Portugal, delivering a landscape of sculpted hills and terraced vineyards. Begin your journey with three nights in Lisbon, following the wake of great explorers. Continue to Porto, a delightful mosaic of scarlet and gold architecture. Then embark on a seven-night cruise along the stunning Douro River. Pass by storybook villages while sailing through the valley where Portugal's famous wine is produced. Witness Vila Real and Lamego, and spend a day in the Spanish city of Salamanca. Along the way, choose from included excursions, such as cycling, historic tours and more.

Day-by-Day Itinerary

Day 1 | In Transit

Depart for Lisbon, Portugal. 🌐

Day 2 | Lisbon, Portugal

Transfer 🚗 and check in to the Dom Pedro Lisboa. Meet your fellow travelers at a Welcome Reception.

Day 3 | Lisbon

Lisbon. Lisbon lures visitors with beautiful architecture and fascinating seafaring history. Start the day with a drive downtown along the Avenida da Liberdade, passing the Marquis of Pombal and Black Horse squares. Gain insight into Lisbon's maritime history at the Hieronymites Monastery, the Tower of Belém and the Monument to the Discoveries, which honors those who played integral roles in Portuguese exploration. Wrap up the outing in the Estrela neighborhood where you can glimpse the pace of local life.

Free Time: Craft your own path through Lisbon.

🌐 **Elective | Fado Dinner.** Enjoy a musical performance and the flavors of Portuguese cuisine. *Fado*, a traditional Portuguese musical genre, features soul-stirring guitar and vocal arrangements.

Day 4 | Lisbon

Free Time: Enjoy a full day at leisure in Lisbon.

🌐 **Elective | Sintra, Cascais and Estoril.** In Sintra, see exquisite European Romantic architecture and intricate landscape architecture, followed by a guided tour of the National Palace of Sintra. After lunch, enjoy a guided walk in Cascais and drive through the chic town of Estoril. These picture-perfect towns boast stretches of golden sands, galleries and fine restaurants, making them popular summertime and holiday retreats.

Enrichment: Contemporary Portugal.

Day 5 | Óbidos | Coimbra | Porto

Óbidos. Discover hilltop Óbidos with its white houses and attractive flower-filled lanes. Admire how the city's



pretty architecture seamlessly blends styles from the Middle Ages onwards.

Continue to Coimbra and enjoy a group lunch.

Coimbra. Portugal's medieval capital features many wonderful monuments and buildings. Enjoy visits to the prestigious University of Coimbra, St. Michael's Chapel and a historic ceremonial hall.

Arrive in Porto and embark your first-class river ship. Later, kick off your exciting cruise during a Welcome Reception and Dinner with your shipmates.

Day 6 | Porto

PYJ | Choose one of the following excursions:

• **Porto City Tour.** Get to know more about vibrant Porto. Visit the Palácio da Bolsa, the historic Stock Exchange and the Igreja da São Francisco. Cap off your outing at a local port wine cellar.

• **Porto by Tram and Flavors of Porto.** Hop aboard a tram to see the highlights of Porto. At the Museu do Carro Eléctrico, browse a collection of trams including cars pulled by horses. Enjoy tasting local specialties.

Free Time: Your afternoon is at leisure in Porto.

Enrichment: Douro Wine Country.

"Tuna" Band. Your night concludes with local entertainment, a singing group in traditional dress.

Day 7 | Porto | Peso da Régua

PYJ | Choose one of the following excursions:

• **Guimarães, Cradle of Portugal.** Discover Guimarães on a walking tour. Step inside Igreja de Nossa Senhora da Oliveira and visit the Palace of the Dukes of Braganza.

• **Douro Walk and Port Wine Tasting.** Take a guided walk along the Atlantic coastline and the Douro River. Pass through São Pedro da Afurada, and sample tasty local port at a wine cellar. (Active)

Return to your ship and settle in for lunch while cruising along the beautiful river.

Day 8 | Vila Real | Barca d'Alva

Vila Real. Travel through the vineyard-covered countryside to Vila Real. Admire a few of the town's churches and sample *cristas de galo*, the pastry for which the town is famous. Next, visit Solar de Mateus, a baroque palace with carefully manicured gardens.

Dine on regional favorites over lunch.

Sevillanas. After dinner, enjoy a captivating performance, featuring Spanish folk dancers.

Day 9 | Barca d'Alva | Salamanca, Spain

PYJ | Choose one of the following excursions:

• **Salamanca City Tour.** On your drive to the historic university town of Salamanca, pass through scenery



brimming with lovely villages, olive groves and farms. Upon arrival in Salamanca, visit an ornate cathedral and tour the famous university.

• **Salamanca by Bike.** Join a guided bicycle tour along the Río Tormes and the old town, and visit Salamanca's cathedral and university. (Active)

After your outings, enjoy lunch and free time.

Day 10 | São João da Pesqueira | Pinhão

Unwind during a relaxing morning aboard the ship.

Porto's Wine Road. Drive through the scenic Alto Douro wine region. Stop at the stunning viewpoint of São Salvador do Mundo for views over the Douro Valley. Visit the pretty town of São João da Pesqueira for a short walking tour and free time. Visit a *quinta*, a winery, for a tour of the facilities, an informative presentation about making port in the Douro Valley and a tasting of the product.

Day 11 | Lamego | Porto

Lamego. Lamego, one of Portugal's loveliest towns, sits in the heart of the Douro River Valley. Visit Santuário de Nossa Senhora dos Remedios, an 18th-century baroque church. Admire the granite staircase adorned with *azulejos*, Portugal's famous blue-and-white tiles. Following your tour, walk down the steps or take a motor coach to the town center where you are free to browse at your leisure.

Spend your final afternoon sailing the Douro Valley.

Tonight, celebrate the end of your exciting river journey at a Farewell Reception and Dinner.

Day 12 | In Transit

Transfer to the airport for the return flight to your gateway city.

Included Features

Accommodations {with baggage handling}

- **3 nights** in Lisbon, Portugal, at the first-class Dom Pedro Lisboa.
- **7 nights** aboard the **exclusively chartered**, first-class MS Douro Queen.

Transfers {with baggage handling}

- Deluxe motor coach transfers during the Land | Cruise Program.

Extensive Meal Program

- 10 breakfasts, 7 lunches and 7 dinners, including Welcome and Farewell Dinners; all drinks included on board except special wines and spirits.

Your One-of-a-Kind Journey

- **AHI Travel Assurance** covers Accident and Sickness Medical Expense, Trip Delay and Emergency Evacuation for U.S. residents.
- **Enrichment by expert speakers** enhances your insight into the region.
- **Engaging excursions** showcase the local culture, heritage and history.
- **Personalize Your Journey | PYJ |** A choice of excursions in selected locales.
- **Electives** and free time to pursue your individual interests.
- **AHI Sustainability Promise:** We strive to make a positive impact wherever we travel.
- Welcome and Farewell Receptions to mingle with fellow travelers.
- A personal VOX headset to hear your English-speaking guide clearly.
- Tipping of guides and drivers.
- Complimentary travel mementos.



2024 Departures & Pricing

September 20 – October 1, 2024

Full Price from \$5,145

Special Savings \$250

Special Price from \$4,895*

***See website for complete category pricing.**

*Special price available for a limited time. Call for details.

VAT & port tax supplement are an additional \$395 per person.

All prices quoted are in USD, per person, based on double occupancy and do not include air transportation costs (unless otherwise stated).

Single supplement waived for solo travelers! This offer is limited, capacity-controlled and tends to sell out quickly.

Program-specific terms and conditions are available at <https://orst.ahitravel.com/destinations/1821A?schoolid=129>. You can also request a copy from our travel experts.

Note: Itinerary sequence and/or scheduled events may change.

Walking is required on many excursions.

Flights and transfers provided for AHI FlexAir participants.

Electives available at an additional cost.